



May 2018

Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>May 1</p> <p>Baked Salmon 1/2 cup Parsley Potatoes 1/2 cup Sliced Carrots White Bread Cake</p>	<p>May 2</p> <p>Orange Glazed Pork Loin 1/2 cup Vegetable Rice Pilaf 1/2 cup Mixed Vegetables Wheat Bread 1/2 cup Applesauce</p>	<p>May 3</p> <p>1/2 cup Creamy Chicken Salad Croissant with Lettuce and Tomato 1 cup Tomato Soup with Crackers Whole Grain Croissant Fresh Seasonal Fruit</p>	<p>May 4</p> <p>Chicken Primavera with 3 ounces Vegetable Cream Sauce 1/2 cup Penne Pasta 1 cup Tossed Salad with Cucumber, Hard-Boiled Egg, and Italian Dressing Garlic Breadstick 1/2 cup Sliced Pears</p>
<p>May 7</p> <p>Kielbasa 1/2 cup BBQ Butter Beans 1/2 cup Macaroni Salad Hot Dog Roll Fresh Seasonal Fruit (Orange)</p>	<p>May 8</p> <p>Roasted Turkey 1/2 cup Whipped Potatoes with Gravy 1/2 cup Peas and Carrots Wheat Dinner Roll 1/2 cup Gelatin</p>	<p>May 9</p> <p>Grilled Chicken Sandwich with Lettuce and Tomato 1/2 cup Sweet Potato Bites 1/2 cup Green Beans Sandwich Roll Fresh Seasonal Fruit (Melon) Condiments</p>	<p>May 10</p> <p>Tuna Salad Sandwich with Lettuce and Tomato 1 cup Creamy Potato Soup with Crackers 2 Slices Wheat Bread 1/2 cup Pineapple and Cherries</p>	<p>May 11</p> <p>Baked Breaded Chicken Cutlet 1/2 cup AuGratin Potatoes 1/2 cup Sweet Peas White Bread Cookie</p>
<p>May 14</p> <p><i>Mother's Day Special</i> Vegetable Lasagna with Parmesan Cream Sauce 1 cup Tossed Salad with Tomato, Hard-Boiled Egg, and Dressing Garlic Breadstick Lemon Meringue Pie</p>	<p>May 15</p> <p>Taco Salad with 3 ounces Taco Meat and 1/2 ounce Cheddar Cheese 1 cup Tossed Salad with Tomato 1 cup Black Bean Soup with Crackers Nacho Chips 1/2 cup Pineapple Tidbits</p>	<p>May 16</p> <p>Chicken Parmesan with Marinara Sauce and Cheese Topping 1/2 cup Rotini Pasta with Sauce 1/2 cup Parmesan Zucchini and Corn Wheat Bread Fresh Seasonal Fruit</p>	<p>May 17</p> <p>Roast Beef with Gravy 1/2 cup Whipped Potatoes 1/2 cup Green Beans White Bread Brownie</p>	<p>May 18</p> <p>Pork Ribette Baked Potato with Margarine 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Sliced Peaches</p>
<p>May 21</p> <p>Sweet Sausage Sandwich with 2 ounces Peppers and Sauce 1/2 cup Cheesy Hashbrowns 1/2 cup Yellow Beans Whole Grain Sausage Roll Cookie</p>	<p>May 22</p> <p>Southwestern Chicken Salad with 3 ounces Diced Chicken and 1/2 ounce Cheddar Cheese 1 cup Tossed Salad with Tomato and Ranch topped with Roasted Peppers, Corn, Black Beans, and Tortilla Strips 1 cup Creamy Cauliflower Soup with Crackers Biscuit 1/2 cup Gelatin</p>	<p>May 23</p> <p>Pasta and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1/2 cup Italian Green Beans Italian Bread 1/2 cup Sliced Peaches</p>	<p>May 24</p> <p>Chili Cheese Hot Dog with 2 ounces Chili and 1 ounce Cheddar 1/2 cup Sweet Potato Bites Hot Dog Roll Apricots with Oatmeal Topping</p>	<p>May 25</p> <p><i>Memorial Day Special</i> Cheeseburger with Lettuce and Tomato 1/2 cup Potato Salad 1/2 cup Baked Beans Sandwich Roll Ice Cream Cup</p>
<p>May 28</p> <p><i>Senior Centers Closed</i></p>	<p>May 29</p> <p><i>Breakfast-For-Lunch Special</i> Egg Omelet Sausage Patty Whole Grain English Muffin with Jelly 4 ounces Orange Juice Fresh Banana</p>	<p>May 30</p> <p>Chicken Marsala with 2 ounces Sauce 1/2 cup Buttered Bowtie Noodles 1/2 cup Broccoli and Carrots Wheat Bread 1/2 cup Sliced Pears</p>	<p>May 31</p> <p>Antipasto Salad with 1.5 ounces each Ham and Salami and 1/2 ounce Mozzarella Cheese, 2 Olives 1 cup Tossed Salad with Tomato and Italian Dressing 1 cup Wedding Soup with Crackers Breadstick 1/2 cup Sunset Peaches</p>	

*** All meals are subject to change ***

*** Served daily: 8 ounces Milk and 1 teaspoon Margarine