

**January 2019  
Congregate Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p align="right"><b>January 2</b></p> Baked Meatloaf Marinara with Mozzarella Topping 1/2 cup Garlic Whipped Potatoes 1/2 cup Parmesan Corn Wheat Bread 1/2 cup Banana Pudding and Nilla Wafers	<p align="right"><b>January 3</b></p> 1/2 cup Creamy Chicken Divan over 1/2 cup White Rice 1 cup Tossed Salad with Tomato and Dressing Breadstick 1/2 cup Mandarin Oranges	<p align="right"><b>January 4</b></p> Baked Ham with Fruit Sauce 1/2 cup Whipped Sweet Potatoes 1/2 cup Harvard Beets White Bread Fresh Fruit
<p align="right"><b>January 7</b></p> BBQ Pork Ribette 1/2 cup Seasoned Potatoes 1/2 cup Baked Beans Dinner Roll 1/2 cup Sliced Peaches	<p align="center"><b>New Year Celebration</b></p> <p align="right"><b>January 8</b></p> Roasted Pork Loin with Sauerkraut 1/2 cup Whipped Potatoes Dinner Roll Pineapple Upside Down Cake	<p align="right"><b>January 9</b></p> 3/4 cup Baked Ziti with Meatballs (3), Marinara Sauce and 1/2 ounce Cheese 1 cup Caesar Salad Garlic Breadstick 1/2 cup Mixed Fruit Salad	<p align="right"><b>January 10</b></p> Grilled Chicken, Bacon, and Swiss Club (1 each: Chicken, Bacon, Swiss Cheese) with Lettuce, Tomato, and Condiments 1 cup Creamy Potato Soup with Crackers Sandwich Roll 1/2 cup Blushed Pears	<p align="right"><b>January 11</b></p> Breaded Fish Square 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Wheat Bread Fresh Fruit
<p align="right"><b>January 14</b></p> Baked Meatloaf with Gravy Baked Potato with Margarine 1/2 cup Mixed Bean Medley White Bread 1/2 cup Applesauce	<p align="right"><b>January 15</b></p> Smokey BBQ Burger with Cheddar Cheese, BBQ Sauce, and Crispy Onions 1/2 cup Sweet Potato Bites Hamburger Roll Fresh Seasonal Fruit	<p align="right"><b>January 16</b></p> Hot Turkey Sandwich with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Crinkle Cut Carrots White Bread Cherry Chip Cake with Topping	<p align="right"><b>January 17</b></p> 1 cup Chicken and Dumplings 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Warm Peaches	<p align="right"><b>January 18</b></p> Baked Salmon with White Wine Cream Sauce 1/2 cup White Rice 1/2 cup Mixed Vegetables Wheat Bread 1/2 cup Pineapple Tidbits
<p align="center"><b>January 21</b></p> <p align="center"><b>CENTER CLOSED MARTIN LUTHER KING HOLIDAY</b></p>	<p align="right"><b>January 22</b></p> Turkey and Provolone Sandwich with Lettuce and Tomato 1 cup Creamy Broccoli Soup with Crackers Whole Grain Pretzel Roll Fresh Fruit Condiments	<p align="right"><b>January 23</b></p> Center Cut Pork Chop with 2 ounces Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Lima Beans White Bread 1/2 cup Sliced Apples	<p align="right"><b>January 24</b></p> Reuben Sandwich (2½ slice Corn Beef, 2 ounces Sauerkraut, 1 slice Swiss Cheese) 1/2 cup Hot Potato Salad Sandwich Roll 1/2 cup Warm Peaches Condiments	<p align="right"><b>January 25</b></p> Lemon Pepper Chicken with Gravy 1/2 cup Wild Rice 1/2 cup Brussel Sprouts Wheat Bread Fresh Fruit
<p align="right"><b>January 28</b></p> Mushroom Swiss Burger 1 cup Creamy Cauliflower Soup with Crackers Hamburger Roll Fresh Fruit	<p align="right"><b>January 29</b></p> Mango BBQ Chicken Breast 1/2 cup Brown Rice 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Apple Cranberry Crisp	<p align="right"><b>January 30</b></p> 3 ounces Pot Roast with 2 ounces Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Sliced Carrots Italian Bread Cookie	<p align="right"><b>January 31</b></p> Crab Cake 1/2 cup Cheesy Twists 1/2 cup Baked Beans Whole Grain Dinner Roll 1/2 cup Mandarin Oranges	

\*\*\* All meals are subject to change \*\*\*  
 \*\*\* Served daily: Milk and Margarine