



March 2019
Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				March 1 Baked Chicken with Gravy 1/2 cup Whipped Potatoes 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Peaches
March 4 Smokey BBQ Burger Topped with Cheddar Cheese, BBQ Sauce, and Crispy Onions 1/2 cup Ranch Potatoes Sandwich Roll Fresh Seasonal Fruit	March 5 Open Face Hot Turkey Sandwich with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Crinkle Cut Carrots White Bread Cake	March 6 Ash Wednesday Breaded Fish Sandwich 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Sandwich Roll Fresh Fruit Tartar Sauce	March 7 Baked Meatloaf with Gravy Baked Potato with Margarine 1/2 cup Mixed Bean Medley White Bread Cherry Chip Cake	March 8 Baked Salmon with White Wine Cream Sauce 1/2 cup White Rice 1/2 cup Mixed Vegetables Wheat Bread 1/2 cup Pineapple Tidbits
March 11 Breaded Chicken Sandwich with Condiments 1/2 cup Parsley Potatoes Sandwich Roll 1/2 cup Mandarin Oranges	March 12 Roasted Pork Loin with 2 ounces Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Lima Beans White Bread 1/2 cup Sliced Apples	March 13 Baked Porcupine Ball with 2 ounces Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Corn Cinnamon Raisin Bread Pudding	March 14 Chef Salad (1 ounce Ham, 1 ounce Turkey, Cheese, and 1 Egg with 1 cup Lettuce/Tomato, and Dressing 1/2 cup Beets 1 Slice Wheat Bread Fresh Fruit	March 15 Tuna Salad Sandwich with Lettuce and Tomato 1 cup Cheesy Broccoli Soup with Crackers Sandwich Roll 1/2 cup Pears
March 18 St Patrick's Day Special Corned Beef and Cabbage (3 ounces Corned Beef, 2 ounces Cabbage) 1/2 cup Mashed Potatoes 1/2 cup Green Beans Dinner Roll 1/2 cup Pistachio Pudding	March 19 Mango BBQ Chicken Breast 1/2 cup Brown Rice 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Apple Cranberry Crisp	March 20 Pot Roast with 1 ounce Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Sliced Carrots Italian Bread Cookie	March 21 Mushroom Swiss Burger 1 cup Creamy Cauliflower Soup with Crackers Hamburger Roll Fresh Fruit	March 22 Crab Cake 1/2 cup Cheesy Twists 1/2 cup Baked Beans Whole Grain Dinner Roll 1/2 cup Mandarin Oranges
March 25 Hot Dog 1/2 cup Cheesy Whipped Potatoes 1/2 cup Sweet Peas Hot Dog roll Fresh Seasonal Fruit	March 26 1 cup Chili Con Carne 1 cup Tossed Salad with Tomato and Dressing 1/2 cup Baked Potato with Margarine Whole Grain Mini Biscuit Cookie	March 27 Burgundy Meatballs with Mushrooms over 1/2 cup Egg Noodles 1/2 cup Carrots Wheat Bread 1/2 cup Mixed Fruit Salad	March 28 Warm Ham and Cheese on Ciabatta 1 cup Creamy Tomato Bisque with Crackers Whole Grain Ciabatta Roll Fresh Fruit	March 29 Vegetable Lasagna with Vegetable Cream Sauce 1 cup Tossed Salad with Hardboiled Egg, Cucumber, and Dressing Breadstick Cottage Cheese and Diced Peaches

*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine