



March 2020
Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>March 2</p> <p>Bratwurst -1 piece 1/2 cup Scalloped Potatoes 1/2 cup Wax Beans Hot Dog Roll Mustard Packet 1/2 cup Pears</p> 	<p>March 3</p> <p>Meatloaf 1/2 cup Mashed Potatoes 1/2 cup Mixed Vegetables Wheat Bread</p> 	<p>March 4</p> <p>Baked Ham with 1 oz Fruit Sauce 1/2 cup Sweet Potatoes 1/2 cup Green Beans White Bread Fresh Fruit</p> 	<p>March 5</p> <p>Greek Chicken Salad 3 oz Diced Chicken, Black Olives, Red Onions, Tomato, Mozzarella Cheese 1 cup Mixed Greens with dressing 1 cup Wedding Soup with Crackers Dinner Roll 1/2 cup Mandarin Oranges</p>	<p>March 6</p> <p>Tuna Salad Sandwich-1/2 cup with Lettuce & Tomato 1/2 cup Potato Salad 1/2 cup Marinated Beans 2 slices Wheat Bread Fresh Fruit</p>  <p>ITALIAN</p>
<p>March 9</p> <p>BBQ Pulled Pork-1/2 cup 1/2 cup Seasoned Potatoes 1/2 cup Coleslaw White Bread 1/2 cup Warm Apples</p> 	<p>March 10</p> <p>Baked Ziti 3/4 cup with 3 Meatballs Marinara Sauce with Cheese Topping 1 cup Tossed Salad with Cucumber Dressing Garlic Bread 1/2 cup Mixed Fruit Salad</p>	<p>March 11</p> <p>Chicken Caesar Club (Lettuce, Tomato, Cheese & Condiments) 1 cup Creamy Broccoli Soup w/ Crackers Sandwich Roll 1/2 cup Blushed Pears</p> 	<p>March 12</p> <p>Salisbury Steak with Onion Gravy 1/2 cup Whipped Potatoes 1/2 cup Diced Carrots Wheat Bread 1/2 cup Pineapple Delight</p>	<p>March 13</p> <p>Seafood Mac & Cheese - 1 cup 1/2 cup Stewed Tomatoes Whole Grain Dinner Roll Fresh Fruit</p>  <p>TURKEY</p>
<p>March 16</p> <p>Sweet & Sour Roasted Pork-1 slice 1/2 cup Blended Rice Pilaf 1/2 cup Peas & Carrots Whole Grain Dinner Roll 1/2 cup Mixed Fruit</p> 	<p>March 17</p> <p>St Patrick's Day Special Corned Beef & Cabbage-3/4 cup 1/2c. Mashed Potatoes 1/2c. Green Beans Dinner Roll 1/2c. Pistachio Pudding</p> 	<p>March 18</p> <p>Chicken & Biscuit-1 cup 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Peaches</p>	<p>March 19</p> <p>Baked Meatloaf Marinara 1/2 cup Au Gratin Potatoes 1/2 cup Corn Wheat Bread 1/2 cup Sliced Pears</p> 	<p>March 20</p> <p>Vegetable Lasagna topped with Vegetable Cream Sauce 1 cup Tossed Salad w/ Hard Boiled Egg Cucumber, Dressing Breadstick 1/2 cup Pineapple</p> <p>ITALIAN</p>
<p>March 23</p> <p>Lemon Pepper Chicken w/ Gravy-1 piece 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread Fresh Fruit</p> 	<p>March 24</p> <p>Roasted Turkey/ 3 oz with Gravy/ 2 oz 1/2 cup Sweet Potatoes 1/2/ cup Lima Beans White Bread 1/2 Cup Sliced Apples</p>	<p>March 25</p> <p>Chicken Taco- 3oz Chicken with 1 oz Sour Cream & Lettuce 1/2 cup Seasoned Corn & Blackbeans 1/2 cup Seasoned Rice Soft Tortilla Shell Fresh Fruit</p> 	<p>March 26</p> <p>Baked Porcupine Ball w/ Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Carrots Dinner Roll 1/2 cup Chocolate Pudding</p>	<p>March 27</p> <p>Breaded Fish Sandwich Lettuce & Cheese 1c. Homemade Vegetable Soup Crackers WG Sandwich Roll 1/2c. Mixed Fruit</p>  <p>CHICKEN SALAD</p>
<p>March 30</p> <p>Pot Roast- 3 oz with 1 oz Gravy 1/2c. Parsley Potatoes 1/2c. Sliced Carrots Italian Bread Cookie</p> 	<p>March 31</p> <p>Swedish Meatballs (4) over Noodles 1/2c. Peas Wheat Bread 1/2c. Mixed Fruit Salad</p> 	 		

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 tablespoon Margarine