

























MON	TUE	WED	THU	FRI
<p><b>2</b></p> <p>10...Dime Bingo 11...Chair Exercise 11...Tai Chi Chih 12:30...Yoga</p> 	<p><b>3 Tax Preparation *</b></p> <p>9...Silver Sneakers Classic 9...iPad Class 10...Family Feud 10...Shuffleboard/ Bocce Ball 11...Line Dancing 11...Beach Chair Volleyball 1...Ballroom Dancing 1...Pickleball 4...Board Meeting</p> 	<p><b>4</b></p> <p>9...Breakfast in the Café 9:30...Parkinson's Exercise 10...Ted Talk: The Secret to Living Longer 10...Walking Club 11...Chair Exercise</p> 	<p><b>5</b></p> <p>9...Silver Sneakers Classic 10...Now You Have It... <b>10:30...Pickleball</b> 11...Poker 11...Walking Club 12:30...Yoga 1...Pinochle Game</p> 	<p><b>6</b></p> <p>9:15...Quarter Bingo 9:30...Beginner Tap Class 10...Tap Dance Class 10...Walking Club 11...Chair Exercise</p> 
<p><b>9</b></p> <p>10...Council Meeting w/Jerry Overby 11...Chair Exercise 11...Tai Chi Chih 12:30...Yoga 5...Quilts for Kids</p> 	<p><b>10 Tax Preparation *</b></p> <p>9...Silver Sneakers Classic 10...Open Mic 10...Shuffleboard/ Bocce Ball 11...Line Dancing 11...Beach Chair Volleyball 1...Ballroom Dancing 1...Pickleball 1...Olli Presentation \$ 1...iPad Class</p> 	<p><b>11</b></p> <p>9...Apprise (Appt req) 9...Breakfast in the Café 9...Future Leaders of York 9:30...Parkinson's Exercise 10...Walking Club 11...Chair Exercise</p> 	<p><b>12</b></p> <p>9...Chair Massage 9...Silver Sneakers Classic 10...Beach Chair Volleyball 10...Pickleball 10...Quilts for Kids 11...Walking Club 12:30...Yoga 1...Pinochle Game</p> 	<p><b>13</b></p> <p>9-11...Matter of Balance 9:15...Quarter Bingo 9:30...Beginner Tap Class 10...Tap Dance Class 10...Walking Club 11...Chair Exercise</p> 
<p><b>16</b></p> <p>10...Scrapping w/Bev 10...JFS Health Presentation 11...Chair Exercise 11...Tai Chi Chih 12:30...Yoga 5...Quilts for Kids</p> 	<p><b>17 Tax Preparation *</b></p> <p>9...Silver Sneakers Classic 9...Kate Klunks Office 9...iPad Class 10...St. Pat's Day w/Leo DiSanto 10...Shuffleboard/ Bocce Ball 11...Line Dancing 11...Book Club 11...Town Hall w/Con. Smucker 11...Beach Chair Volleyball 1...Ballroom Dancing 1...Pickleball</p> 	<p><b>18</b></p> <p>9...Breakfast in the Café 9:30...Parkinson's Exercise 10...Lucky Bingo 10...Walking Club 11...New Member Orientation 11...Chair Exercise 1:30-3...Memory Café</p> 	<p><b>19</b></p> <p>9...Silver Sneakers Classic 9:30...Prayer Group 10...Birthday/Anniversary Party w/ Tall in the Saddle 10...Pickleball 11...Poker 11...Walking Club 12:30...Yoga 1...Pinochle Game</p> 	<p><b>20</b></p> <p>9-11...Matter of Balance 9:15...Bonanza Bingo 9:30...Beginner Tap Class 10...Tap Dance Class 10...Walking Club 11...Chair Exercise</p> 
<p><b>23</b></p> <p>9...Apprise (Appt Req) 10...Encompass Health presents: Brain Injury 11...Chair Exercise 11...Tai Chi Chih 12:30...Yoga</p> 	<p><b>24 Tax Preparation *</b></p> <p>9...Silver Sneakers Classic 10...Now You Have It... 10...Shuffleboard/ Bocce Ball 11...Line Dancing 11...Beach Chair Volleyball 1...Ballroom Dancing 1...Pickleball 1...iPad Class</p> 	<p><b>25</b></p> <p>9...Breakfast in the Café 9:30...Parkinson's Exercise 10...Mind Matters: Identity Theft &amp; Imposter Scams 10...Walking Club 11...Chair Exercise</p> 	<p><b>26 Vendor Fair 8:30-2</b></p> <p>8:30...Vendors 9...Gift Card Bingo 10...Pickleball in Gym 10...Stroke Awareness 11...Walking Club in Yoga Rm 11...CBD Information 12:30...Yoga in Yoga Rm 1...Entertainment by Patsy Cline &amp; Friends</p> 	<p><b>27</b></p> <p>8:45...Blood Pressure Check 9-11...Matter of Balance 9:15...Quarter Bingo 9:30...Beginner Tap Class 10...Tap Dance Class 10...Walking Club 11...Chair Exercise</p> 
<p><b>30</b></p> <p>9-10...Tax collector for Jackson Twp on site 10...Dime Bingo 11...Chair Exercise 11...Tai Chi Chih 12:30...Yoga</p> 	<p><b>31 Tax Preparation *</b></p> <p>9...Silver Sneakers Classic 9...iPad Class 10...Lucky Bingo 10...Shuffleboard/ Bocce Ball 11...Line Dancing 11...Beach Chair Volleyball 1...Ballroom Dancing 1...Pickleball</p> 	<p><b>Mondays &amp; Wednesdays</b> Open Gym Basketball at Windy Hill Gym <b>Tuesdays &amp; Thursdays</b> - Bowling at Colony Park <b>Wednesdays @ 9</b> - Needlework &amp; Card Club</p> 	<p><b>DAILY:</b> <b>Fitness Studio</b> (8:30-2:30) <b>Billiards</b> (8:30-2:30) <b>Activity Lounge &amp; Wi-Fi</b> (8:30-2:30) <b>Craft Room</b> (8:30-2:30) <b>Lunch</b> (Noon—reserve)</p> 	<p>*Tuesdays in March-8:30-12:30 Income Tax Preparation - Appts Req. Contact Tom on Mon &amp; Fri 9:30-2:30 for an appt.  **Seth Grove's Office will be here every Tuesday at 9 am.  \$ = Cost Associated</p>